

ALUMNAE INVOLVEMENT: SIGMAS FOR LIFE

Objectives:

- To give insight into alumnae life
- To introduce local alumnae
- To help Sisters who are graduating see the benefits of alumnae life

Preparation:

Approximately two weeks before the presentation of the program the Education Director will should have a meeting of the Education Committee. The assistance of two alumnae will be necessary for the presentation. Try to select alumnae who are not presently on your AAB. This will enable the chapter and other alumnae to get better acquainted.

Meet with the chapter president and decide the exact date and time of the meeting at which the program will be presented. Alumnae are busy and it would be most considerate of the chapter to give them an exact time for the program instead of expecting them to sit through the entire meeting.

Make copies of the sample outlines for the alumnae, but advise them that they may certainly revise or rewrite the script to suit their own presentation style. It is, however, important to retain the basic facts in the sample.

Program:

Have each alumna present her speech to the chapter.

Alumna Speech I Outline

“Our alumnae chapter is active. We have members and do more than drink tea and talk.”

List how your alumnae chapter participates in the following Sigma activities:

- With collegiate chapters
- For RPM
- Local community service
- Fun activities just amongst ourselves
- Socials with spouses and partners
- Programming for personal development
- Activities with our children
- Add anything else appropriate

“Alumnae chapters can assist the Membership Development Department with collegiate chapter extension by scouting area colleges and universities that have expressed an interest in Sigma and/or in expansion.

“Alumnae continue to receive THE TRIANGLE but remember that it is our individual responsibility to change our address at National Headquarters.”

*Sigma Sigma Sigma Sorority
Horizons Program
Chapter Skills Series*

“We pay annual national dues and local chapter dues.” Explain specific costs.

“We support Alumnae Panhellenic by participating in the (name of city) group.”
Describe Alumnae Panhellenic and give name representative.

“If you move to an area where there is no alumnae chapter, you can participate in the Key Alumnae Program. Check your TRIANGLE for the listing for your area. If there is no Sigma listed in your area, write National Headquarters to volunteer your services to become a key. Key Alumnae gather area Sigmas together once or twice a year.

“Serve Sigma as a National Officer.” (If you have a National Officer in your Alumnae Chapter, please name her and give her office.)

Alumna Speech II Outline

“Sigma is a lifetime commitment. Sorority goes on after college days.

“One of the nicest things about alumnae life is that you may choose the amount of participation that fits your particular station in life:

- *wife*
- *mother*
- *career woman*
- *swinging single*
- *retiree*

“Sigma offers something for everyone.

“Sigma offers a boundless measure of love with Sisters across the nation. If we move across the country or just travel on occasion, there are Sigma Sisters willing and anxious to offer friendship, Sisterhood.

“Sigma, through our Ritual, teaches us a right from wrong, individual responsibility and interest in self-development, love and many more principles.

“Sigma is giving. We give in service to others by helping Sisters in time of need. We give in service to. Sigma in paying national dues and contributing to the Sigma Sigma Sigma Foundation. We support the Robbie Page Memorial Foundation. We staff Housing Boards, Alumnae Advisory Boards and serve as National Officers. We give in service to self by having fun and going to parties and genuinely enjoying each other.

“Sigma is sharing. We share with Sisters of various backgrounds from many collegiate chapters. We respect the integrity and ideals of others. We develop a sense of honor and a deep sense of commitment. We are accepted for what we

are and helped to become all we can be. We enrich the opportunities of our collegiate Sisters by participating in TRADEWINDS, Sigma's member information network.

Sigma is loving. We love and are loved in return. Our vows are not for a school term only but forever. There is no greater pleasure than finding a Sigma Sister in an unexpected place - the steadfast bond of a lifetime commitment."

The presenter may choose to add a personal insight as to what Tri Sigma means to her.

"We are Sisters always, not for a day or a school term only, but Sisters forever. "

Education Director Speech Outline

"You have just met and two very active alumnae. Now let me introduce you to the other side of these two Sisters."

Outline for the chapter the following pertinent facts about the two alumnae:

- family
- career
- civic activities
- church activities
- club activities
- hobbies
- community service
- Sigma chapter, alumnae chapter
- Sigma, Panhellenic and/or National Offices

"Tri Sigma takes on new meaning and presents new challenges when you are an alumna. These alumnae are perfect examples of Sisters who successfully combine Sigma activities with their personal and professional lives.

"We know that each of you will find time for Tri Sigma in your life after graduation from college."

Program Follow-Up:

Have members evaluate program. Tabulate evaluations, record on Form K-87W and send to National Headquarters monthly.