

CHAPTER GOAL-SETTING: SIGMA SETTING SIGHTS

Objective:

- To develop a working plan for chapter goals for the semester or school year

Procedure:

Approximately two weeks before the presentation of the program, the Education Director will have a meeting of the Education Committee. One sister will be needed to assist the Education Director as the recorder during the program.

You will need 5 large pieces of poster board or large sheets of paper about 1 x 1 ft. in size and a marking pen. Label each with one of the following titles:

1. Expectations of Sigma Members
2. Goals for Tri Sigma
3. Sigma Functions
4. Expectations of Tri Sigma Officers
5. Long Range Goals of Tri Sigma

Program:

Education Director:

“Each semester we begin anew part of Sigma, but we don’t always set goals for our chapter and for Tri Sigma to accomplish. Goals are an important part of life and with goals we gain insight into ourselves and our sorority. Without goals, we have no set plan of attack for what lies ahead two months from now or two years from now.

“One type of goal is a long-range goal, for most of us the best example is graduation, or perhaps earning a graduate degree. These goals tend to be very abstract because the timeline for completion can vary.

“Another type of goal is the short-range goal. These goals have a specific time period for completion. They tend to be more concrete and easier to relate to your every day activities. For example, if your long-range goal is to be a physician, a short-term goal is probably to ace organic chemistry this semester.

“We are going to set some goals for our chapter. These goals should be within our reach, and ones we are sincere about accomplishing. Remember that nothing is too small or too large to be accomplished as long as we work together as a team to do it. Remember too, that short-range goals have deadlines. Please suggest a target date for completion of a short-term goal.”

Procedure Notes:

Chapter size may require that you divide into groups of 15 to allow everyone's participation in the discussion. After 30 minutes, group recorders report and the lists are compiled on the large tag board sheets. The recorder should put a check mark next to any goal that is mentioned by more than one group. These check marks indicate that the group sees this goal as a high priority.

After the discussion, the goals listed should be typed and a copy distributed to every member.

OR, after the goal listing session, a committee could meet to discuss the goals and compile a priority list of chapter's goals before distribution to the entire membership.

Two or three times a year, these goals should be taken out and discussed. Are they still relevant? Is the chapter nearer to completing the goal? Each member should ask herself, what can I do to make this goal a reality?

Post the goals in the chapter meeting room. Anytime a goal is accomplished, put a large purple Sigma over the written goal. Or appoint a goal keeper who will graphically help the chapter keep track of their accomplishments. Large sailboats on your meeting room wall with the completed goal written in the sail will help members see their continued forward progress.

Program Follow-Up: Members evaluate program. Tabulate a chapter evaluation and record on Form K-87W and mail to National Headquarters monthly.