

PROTECT YOUR EGG

Objective:

- To increase members' awareness of how a strong chapter can protect and encourage its individual members

Preparation:

Approximately two weeks before the presentation of the program, the Education Director will meet with the Education Committee to plan program presentation. With the chapter divided into groups of 4-5 people, determine approximately how many straws, eggs, and pieces of tape will be needed (1 egg, 25 straws, and one yard of tape per group).

Program:

The program presenter begins by placing chapter members in groups of four or five and then asks someone on the Education Committee to give each group their supply of straws, tape and an egg. Each group is given 15 minutes to construct a structure to hold the egg when it is dropped from 10 feet in the air. Each group is to work together and utilize their resources.

Once the time limit is up; each group is to select a member of the group to explain to the rest of the chapter what they came up with as a structure. Then proceed to drop the egg. (Remember the egg is raw and inside the structure, so either do the dropping out of doors or have a dropcloth on the floor for catching the eggs.) If the egg survives the group has correctly completed the task.

When all groups have finished it is time for a wrap up. Just as each egg relied on the support of the structure to keep it safe and support it in a time of need, we as sisters, need the support and encouragement of others. When one Sister is having a problem or an issue in her life, she needs her Sisters to help her, hold her up and protect her.

If time permits, encourage chapter members to recall and reflect on times when others supported them.

Program Follow-Up:

Members evaluate program. Tabulate chapter evaluation and record on form K-87W. Send to National Headquarters monthly.